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UPPER GI ENDOSCOPY

You are scheduled for an Endoscopy on \_\_\_\_\_ at \_\_\_\_\_  
Check in no later than \_\_\_\_\_

**Please report to: JOHN MUIR HOSPITAL  
1601 YGNACIO VALLEY RD  
WALNUT CREEK, CA 94598  
(925) 939-3000**

**Preparation:** Nothing by mouth after midnight the night before your procedure. Take your regular medications on the day of your appointment unless otherwise instructed by Dr. Lin. If scheduled late in the morning, **you may have clear liquids up to 2 hours prior to your check-in time.** Clear liquids consist of water, fruit juice without pulp (apple, white grape), beef broth, chicken broth (non fatty, or cloudy in appearance), yellow colored Jell-O only, clear sodas, coffee, tea (no cream, sugar is ok). Any of the following that are NOT COLORED RED OR PURPLE: Gatorade, Propel, Kool-Aid (or other fruit drinks), iced popsicles. Absolutely no alcohol.

Do not take Carafate on the day of your procedure.

**PLEASE ARRANGE FOR A FAMILY MEMBER OR FRIEND TO DRIVE YOU HOME AFTER THE PROCEDURE. NO TAXI, UBER OR LYFT IS ALLOWED.** The procedure takes approximately one half hour to 45 minutes. You should allow 1 hour for recovery time. Please do not wear perfume/aftershave or hairspray to the center as a courtesy to other patients in the recovery room. **Due to the sedation, you should not drive until the following day.**

We will bill your insurance for Dr. Lin's fee for the procedure. The hospital or surgical center will bill you separately for the facility and pathology services, if biopsies are taken.

**IT IS YOUR RESPONSIBILITY TO VERIFY YOUR INSURANCE COVERAGE AND BENEFITS. OUR OFFICE WILL OBTAIN AUTHORIZATION FOR THE PROCEDURE IF NEEDED.**

Doctor Lin has a financial interest in Laser Surgery Center and San Ramon Endoscopy Center. If such an interest is of concern to you, please feel free to discuss this with Dr. Lin or the office staff.

**If you have any questions or need to reschedule your procedure, please call our office at (925) 831-9200. To avoid a late cancellation fee of \$100, please notify our office 48 hours prior to your procedure to cancel or reschedule. Thank you.**